	White 1 stripe	Yellow	High Yellow	Orange	High Orange	Blue	High Blue	Green	High Green	Purple	Brown 1	Brown 2	Brown 3	Jr Black	Adult Black
Time in rank	8 Classes	8 Classes	8 Classes	8 Classes	8 Classes	8 Classes	8 Classes	12 Classes	12 Classes	24 Classes	32 Classes	64 Classes	64 Classes	64 Classes	64 Classes (min 16 years old)
Kicks	1-6	1-10	1-11	1-11	1-11	1-11	1-11	1-11	1-11	1-11	1-11	1-11	1-11	1-11	Instructor level
Upper Bodies	1-4	1-5	1-6	1-7	1-8	1-10	1-12	1-14	1-14	1-15	1-15	1-15	1-15	1-15	Instructor level
Kata	Seisan Part 1 & 2	Seisan Part 1, 2, 3	Seisan w/ help	Seisan	Seiunchin Part 1	Seiunchin Part 1 & 2	Seiunchin	Naihanchi with help	Naihanchi	Wansu	Chinto		Kusanku		All
Sparring Hours	2	5	8	10	13	17	20	24	27	32	42	55	70	100	100
Weapon Forms							Bo Part 1		Bo	Nunchaku Part 1	Nunchaku	Sai Part 1	Sai Part 1 & 2	Sai	Sword & Kama
Self Defense Hours	2	4	6	8	10	12	14	16	18	20	24	28/Multiple attackers	32/Multiple attackers	40	Ground Techniques
1 Step Kumite			1		2	3	4	5		6	7	8	9	10	Instructor level
3 Step Kumite						2		3		4	5		6	7	Instructor level
Stances	2	4	6	7	8	9	10							Instructor level	Instructor level
Vocabulary	1-5	1-10	1-15	1-20	1-30	1-40	1-50	1-60		1-70	1-80	1-90	1-100	Instructor level	Instructor level
Counting	1-5	1-10	1-20	1-30	1-40	1-50		1-60		1-70	1-80	1-90	1-90	1-100	Instructor level
Patch	1 Fact		3 Facts		5 Facts		7 Facts			9 Facts				Instructor level	Instructor level
History of Karate	Basic	Basic	Basic	Intermediate	Intermediate	Intermediate	Advanced	Advanced	Advanced	Advanced	Written			Re-written	Instructor level
Rank system						Verbal								Verbal	Verbal
Creed of Karate								Verbal				Written		Verbal	Verbal
Creed of Isshin-ryu										Verbal				Verbal	Verbal
Dojo Rules											Verbal			Written	Verbal
Code of Isshin-ryu												Verbal		Verbal	Verbal
Assistant teaching										8 Hours	16 Hours	24 Hours	32 Hours	48 Hours	75 Hours
Warrior Code													Verbal		
Karate Dojo (by Peter Urban)													Read 1/2	Read All	
Karate-Do (by Gichin koshi)															Read