

July

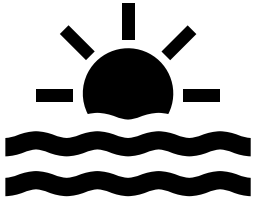
2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13 5-5:45 White- Green 6-6:30 Kata all ranks 6:30-7:15 Purple & Up 7:30-8 Kata advanced	14 5-5:45 White-Green 6-6:45 ALL RANKS 7-7:45 Purple & Up	15 5:30-6:15 W -Green 6:30-7 Kata all ranks 7--7:45 Purple & Up 8-8:30 Kata advanced	16	17
18	19	20 5-5:45 White- Green 6-6:30 Kata all ranks 6:30-7:15 Purple & up 7:30-8 Kata advanced	21 5-5:45 White-Green 6-6:45 ALL RANKS 7-7:45 Purple & Up	22 5:30-6:15 W -Green 6:30-7 Kata all ranks 7--7:45 Purple & Up 8-8:30 Kata advanced	23	24
25	26	27 5-5:45 White- Green 6-6:30 Kata all ranks 6:30-7:15 Purple & up 7:30-8 Kata advanced	28 5-5:45 White-Green 6-6:45 ALL RANKS 7-7:45 Purple & Up	29 5:30-6:15 W -Green 6:30-7 Kata all ranks 7--7:45 Purple & Up 8-8:30 Kata advanced	30	31

August

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 5-5:45 White- Green 6-6:30 Kata all ranks 6:30-7:15 Purple & up 7:30-8 Kata advanced	4	5 5:30-6:15 W -Green 6:30-7 Kata all ranks 7--7:45 Purple & Up 8-8:30 Kata advanced	6	7
8	9 C	10 L	11 O	12 S	13 E	14 D
15	16	17 5-5:45 White- Green 6-6:30 Kata all ranks 6:30-7:15 Purple & up 7:30-8 Kata advanced	18	19 5:30-6:15 W -Green 6:30-7 Kata all ranks 7--7:45 Purple & Up 8-8:30 Kata advanced	20	21
22	23	24	25	26 5	27	28
29	30	31				



THE DOJO PARAMUS

Summer 2021

SAMURAI TRAINING SESSIONS

These 45 minute sessions will include: star throwing, kumite, takedowns, board breaking, tumbling for karate, one step kumite, self defense, weapon self defense, advanced kicking drills and bag work. Time is awarded for each of these sessions, equivalent to rank year, and counts towards future testings.

KATA TRAINING SESSIONS

These 30 minute sessions will run on Tuesday and Thursday in both all rank and advanced rank classes. Tuesday night kata classes will be all hand kata. Thursday night kata classes will be all weapon kata.

TUITION: Gold Package: \$435 unlimited rank classes / 10+ hours of time
Silver Package: \$287 up to 10 rank classes / 5 hours of time

TUITION IS DUE BY JUNE 19th & is NON-REFUNDABLE & NON-TRANSFERABLE.

Minimum summer training of 10 rank classes is REQUIRED

for ALL SAMURAI RANKS PURPLE & HIGHER!!